**Resources for NGP Students Experiencing Personal or Workplace Challenges**

**MENTAL HEALTH**

[**Studenthealth.usc.edu/counseling**](https://studenthealth.usc.edu/counseling/) - Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. *(213) 740-9355 – 24/7 on call*

[**Trojans Care 4 Trojans (TC4T)**](https://campussupport.usc.edu/trojans-care-4-trojans/) **-** A private and anonymous reporting option for students, faculty, and staff that is managed by Campus Support and Intervention (CSI). (213) 740-0411

[**The Haven at College**](https://www.thehavenatcollege.com/university-of-southern-california/) **-** Provides support for students seeking help with alcohol or substance abuse.
(855) 217-5722

[**National Suicide Prevention Lifeline**](http://suicidepreventionlifeline.org/) *- 1 (800) 273-8255 – 24/7 on call*

**PHYSICAL HEALTH**

Location and contact info for health facilities on campus:

[UPC Engemann Student Health Center](https://engemannshc.usc.edu/) - (213) 740-9355

[HSC Eric Cohen Student Health Center](https://studenthealth.usc.edu/eric-cohen-student-health-center/) - (323) 442-5631

**Web Links for campus health resources**:

<https://studenthealth.usc.edu/> is a general portal of health-related services, including links to [Medical Care](https://studenthealth.usc.edu/medical-care/), [Sex and Health](https://sites.usc.edu/sexandhealth/) resources, [Counseling & Mental Health](https://studenthealth.usc.edu/counseling/), and [Survivors of Sexual Assault](https://sites.usc.edu/clientservices/).

**WORK ENVIRONMENT**

[**Report Incidents of Bias, Harassment, Misconduct, or other concerns**](https://report.usc.edu/)- (213) 740-2500 or 1 *(800) 348-7454* *– 24/7 on call*

[**Office for Equity, Equal Opportunity, and Title IX (EEO-TIX)**](https://eeotix.usc.edu/) - Report discrimination, harassment, and retaliation issues related to protected class. (213) 740-5086

**External Reporting of USC** - Any individual may file reports and/or complaints about the university’s handling of prohibited conduct to the [Office for Civil Rights (OCR)](http://www2.ed.gov/about/offices/list/ocr/complaintintro.html) with the U.S. Department of Education at ocr@ed.gov or 1 (800) 421-3481.

[**Office of the Ombuds**](https://ombuds.usc.edu/)- They are confidential and handle University-related concerns, conflicts, or challenging situations. (213) 821-9556 (UPC) upcombuds@usc.edu and (323) 442-0341 (HSC)

**NGP faculty and administration are here to support NGP students.** Students should always feel welcome to reach out to 1) their advisor, 2) their committee chair (if applicable), 3) Director of Student Services Dawn Burke (dawnburk@usc.edu), 4) Student Services Manager Charly Viola (charlenv@usc.edu), 5) Student Services Advisor Alanna Hurd (alannahu@usc.edu), 6) NGP Director, Ruth Wood (riw@usc.edu) or 7) NGP Associate Director, John Monterosso (johnrmon@usc.edu)